

Baby wrap

# User guide

### Evolutive baby carrier

For an active parent who wants to move freely with a baby from birth until he is completely autonomous walking.













### Table of contents

About Chimparoo
Baby wrap description
Safe use of the baby carrier
Importants recommandations
How to start with your new born baby
Front carry, cradle position, facing out position
Hip and back carry
Finding help and support

## **About Chimparoo**

For the last 10 years, Chimparoo has been a recognized brand in Canada, for its excellence in innovation and its expertise in the practice of babywearing.

With an international reputation for the quality of our products, we are proud to present baby carriers that you will love. They are tested by thousands of satisfied parents and we have all the necessary certifications to give you confidence. Like everyone who uses them, you'll fall in love with Chimparoo baby carriers!

The founder, Christine Duhaime, a graduate in occupational therapy and mother of four, designs for you the tools you need to enjoy the benefits of carrying with comfort and style.

Now formed of an extraordinary team, we continue to expand the range of our baby carriers. We design and manufacture in Quebec in our workshop in Boucherville near Montreal, Canada. Since January 2018, in collaboration with our friends and our Colombian family, we are also manufacturing in Medellin, Colombia, and always with the same concerns for quality and the same values.



### Description

Use from birth and as long as you feel needed. The only limit will be what you can physically lift.

On the other hand, industry standards will tell you that a baby wrap should be used with a baby between 7 and 35 lbs.

The great features of the woven wrap is that it allows you to place the baby in the position you desire. Here are the 5 positions we recommend.











tummy to tummy

cradle

ont the hip

on the back

facing out

Available in at least 2 length depending on how you want to attach it and also your size.

Made for all sizes of carriers and babies.

Can be used indoors as well as for outdoor activities.

Meets standards ASTM F-2907-15

The woven wrap is the baby carrier that allows the best wrap at any age. It is known for it incomparable comfort. The wrap allow many babywearing benefit. Among other things, it helps strengthen the bond between the parent and the baby. It helps to create a sense of confidence in life for the child. For the parent, it provides him with autonomy and freedom of movement that helps him feel more serene and competent in his role.



### The art of babywearing

There is an incredible variety of knotting to wear one child with a woven wrap. By consulting documents and viewing videos on our website, sharing your experience with other parents, participating in workshops or browsing the web, you will discover many other knots, tips and tricks to vary and facilitate its use.

**FASHION** 

FREEDOM

LOVE

COLOR

COMFORT

STYLE

### Safe use of the baby wrap carrier

#### IMPORTANT! PLEASE KEEP INSTRUCTIONS FOR FUTURE USE



Failure to follow the manufacturer's instructions can result in death or serious injury. Read and follow all instructions before using the baby wrap. Watch the videos on www.chimparoo.ca. Follow the manufacturer's recommended weight range when using this carrier. Never use this carrier with babies smaller than 8 pounds without seeking the advice of a healthcare professional.



# WARNING FALL AND SUFFOCATION HAZARD



### **FALL HAZARD**

Your balance may be adversely affected by your movement and movement of your child. Take care when bending or leaning forward. Never use a sling carrier when balance or mobility is impaired because of exercise, drowsiness, or medical conditions. Leaning, bending over, or tripping can cause baby to fall. Keep one hand on baby while moving. A person with physical problems that might interfere with the safe use of the product, including but not limited to muscular or skeletal problem, problems with balance or dizziness or painful disorders of the back or legs, should not use a baby carrier. This carrier should not be used in any instance where the wearer's balance and reflexes may be impaired. Avoid wearing your baby if you are tired, in pain, or have taken any substance that impairs your judgment. You are responsible for the safety of your child and any consequences that may ensue if it is not used safely. Be vigilant when moving. Do not take part in any activity that may cause you or your baby to fall.

### SUFFOCATION HAZARD

# A baby under 4 months can suffocate if his face is pressed against the body. Do not tie it too tight against you. Leave space to allow the head to move. Release the face of any obstruction at all times.

Be aware of respiratory distress and risk of suffocation, particularly in babies up to 4 months. Your baby may be at risk of insufficient oxygen, suffocation and even death if you do not follow these instructions. Babies at greatest risk of suffocation include those born prematurely, those with respiratory problems and those under four months of age. Up until the age of 4 months, always verify that baby's mouth is not obstructed, and that there is enough space to permit good air circulation around baby's nose and mouth. Ensure the infant's face is above the fabric, visible, and free from obstructions at all time. Baby should not be curled tight chin to chest. Ensure the baby does not curl into a 'C' position with the chin resting on or near the chest. This position can interfere with breathing, even if nothing is covering the nose or mouth. You must be able to put one or two fingers between chin and chest. Be careful that the head is positioned further up in the carrier. Bad head position could place an infant at risk of respiratory distress, oxygen deprivation or even suffocation and death. Tilt your baby's head to the side and follow the instructions as indicated in adjusting the baby carrier so that baby's back is supported, with a slightly rounded curve. The baby must not be curled up in the carrier. Always verify the state of your baby.

WARNING - You must need to support the head with the fabric for a baby less than 4 months old if the baby is not positioned horizontally.

**WARNING** - Risk of injuries or burns. Never use sling carrier while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals. Do not cook or use dangerous objects while carrying your baby forward or on your hip. Be careful when walking through cluttered areas. Everything within the baby's reach can be dangerous. Always verify the child's position and the state of the knot. Be aware of the space around you when your turn or bend over to avoid injury to your child. Be careful around hot liquids, heavy or pointy objects!

### Important recommandations

Risk of injuries or burns. Never use a baby carrier while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals. Do not cook or use dangerous objects while carrying your baby forward or on your hip. Be careful when walking through cluttered areas. Everything within the baby's reach can be dangerous. Always verify the child's position and the state of the knot.

Be aware of the space around you when your turn or bend over to **avoid injury to** your child. Be careful around hot liquids, heavy or pointy objects!

Do not use your carrier if there are signs of wear and tear. Inspect every part regularly. Check for ripped seams, torn straps or fabric and damaged fasteners or hardware before each use. Follow the proper knotting instructions according to the weight and age of your child.

Never wear a baby carrier while driving or being a passenger in a motor vehicle. Never leave a baby in a carrier that is not being worn. When not wearing your child in the carrier, do not leave your child to play with the carrier without adult supervision. Never place more than one baby in the carrier. Never use/wear more than one carrier at the time.

Check on the baby often. Ensure that the baby is periodically repositioned. Avoid wearing a baby over one hour in the same position. Allow your child to move. Watch for signs of compression and bad circulation. A bluish coloration is a dangerous sign. To avoid this, regularly check that the material is not constricting the legs, lift up the knees, move the ankles, the knees and the hips of baby and change his position. If baby falls asleep, do the same verifications regularly.

If using the carrier while breast feeding, always move the baby's face away from the breast after the baby is done feeding.

Read the instructions. To avoid any risk of injury, you are responsible for reading, viewing videos available on the website and understand all instructions before using your baby wrap. Ask someone you trust to help you until you feel comfortable. Sit in front of a mirror or window to check the baby's position. You can sit on top of a bed or chair if you feel the need. Always listen to your baby.

Be aware of **heatstroke and cold**. Do not overdress the baby, especially indoors or in warm weather. Be cautious in times of extreme heat. Always cover exposed skin from the sun. Your baby has more to fear from the heat than from the cold while in the carrier. In cold weather, make sure to cover both head and feet. Always check the blood circulation in the legs. When it is very cold, avoid exposing any extremities. Be attentive to your baby's needs.

positioning of the baby

Ensure proper placement of child in product including leg placement. Ensure that the baby is safely positioned in the carrier according to manufacturer's instructions for use. Baby's back must be supported in a curve. Avoid putting baby such a way that the back takes up a hollow position, such as when baby's knees are lower than the bum, and baby thus is dangling by the crotch. This may lead to poor circulation and risk of back injury. Baby must be placed in the physiologic position to have the correct spinal curvature. Baby's pelvis will be tilted forward, knees slightly apart and raised to the level of baby's navel. Seen from the back, the bent leas form an "M". We recommend you limit facing baby out for a variety of reasons. Adjusting baby's height. Baby must not be sitting too low on your hips. Baby's bum should be level with your waist. Baby can be placed higher with back carries. A simply way to verify baby's height is to kiss his forehead. If you need to bend down, baby is too low! If necessary, the carrier may be fastened high on the chest for a back carry. This allows your baby to

### Instruction d'entretien



see over your shoulder.







Washing with water at a maximum temperature of 50 degrees in a machine with normal adjustment. You can dry your wrap in the dryer at medium temperature or hang it to dry. The color and the fabric is very durable. Avoid washing it with light colored items anyway. There is no risk of ironing the fabric at a temperature suitable for cotton. Do not add whiteners. Do not dry clean.





### How to start with your new born

Among all the possible knots to make, we propose to start with the cross wrap. It is a knot that is easy to master and allows the baby to be carried in any position safely and comfortably. We will explain it in this guide for carrying in front.

For hip, back and other knotting, we will refer you to our website.



### Installation technic for the cross wrap



Place the middle of the wrap on the chest so that the top edge goes directly under the arms.



Bring all the fabric in your hand to put it over your shoulder, keep a good tension and prevent it from falling on your arm.



When we take the time to deploy the wrap in the back, it helps not to find a twist and to wrap well. It is also easier to adjust the baby for proper support.



before inserting the baby.





### Front carry



Keeping the baby facing you, slide it gently into the pouch feet first.



Pass one side under

the arm, lift it over

the head and then

opposite shoulder.

point it at the

Reassemble the top of the wrap so that it covers at least 2/3 of the head. The pelvis should be well against the wearer and knees well above the hips and navel.



For a newborn it is possible to keep the legs inside. If not, we gets the legs out from below, and we place it in frog position.



Wrap each part of the wrap fold by fold, to wrap the body of the baby.



Then take the two sides to meet them under the bum of the baby.

After crossing both sides of the wrap, continue to wrap them around the waist by passing them under the baby's legs.

If the baby is very small you can also go underneath. Tie a knot. If the baby is falling asleep or you need more support at the head, unfold the fabric on the baby. In this way the baby is more wrapped and supported.

### Cradle position















From the moment the pouch is created, we insert the baby inside by passing the feet through just like when we carry it tummy to tummy.

Moreover, we can also start from the tummy to tummy position. Once in the pocket, it is simply to switch it by bringing his head to the side of your choice.

In this position, adjust the tension of the fabric on the side of the head. For this, it is necessary to tighten the top of the fabric of the opposite side and near the neck.

It will then raise the babies bum by tightening the bottom of the fabric, opposite side. Once the adjustment is fully tuned to your liking, tightly hold both sides holding the entire fabric in each hand. Then you have to cross the fabric under the bum of the baby before going back to make the knot. Passing behind the side of the bum, we take care to go under both legs.

We can then wrap the baby even more and even create a veil of discretion for breastfeeding. Always keep an eye on your baby's face. We must make sure that he is well.

### Facing out position



The facing out position is not such a comfortable position and is more difficult to execute properly.

This position is not very recommended by many specialists. The first reason is that it is often poorly executed and the position of the child is not good enough that can even affect its development. The second is that many think that the baby could be stimulated too much by facing the world.













Still starting from the step where the pouch is formed, insert the baby's bum first and the back against you inside. Two options are available. You can choose to keep their legs folded inside like a little Buddha or pull them up with the fabric supporting it bum and knees up. The baby should be quite flexible if the legs stay inside and it will be necessary to make sure that it can move after a certain time so as not to create numbness. Just like the other positions, after making the adjustments to have the best comfort and support, crosses the fabric under the bum, or between the legs when they left outside. Make the knot in the back. Make sure the fabric is stretched enough to support the baby and does not tip over.

### Hip and back carry

It is not recommended to start carrying on the back before the baby is able to sit by itself. So, usually it's not before 6 months.

The babywearing on the hip is rather natural. Wait for your baby to hold his head well before wearing it on your hip.







Bringing your baby on your back is often scary the first few times. Neither of you are used to finding yourself in this position and not seeing you can raise some concerns. Go step by step and choose a guiet time the first few times.

There are several ways to bring the baby on your back. There is always a risk that it falls, which is why we prefer to recommend that you seek the assistance of another person. At all times, it is best to always keep a hand on the baby.

It is demonstrated by a PDF guide and videos how to install the baby on your hip, on your back and how to use the wrap with different knots. This information can be found on our website. www.chimparoo.ca

### Need help?

If you have difficulty using your baby carrier, there are several options available to you. Do not be discouraged!!! Here are some options we offer to find help or answers to your questions. You can communicate with us in many ways;



- In our shop workshop, training is also offered.
- Call us! 514-905-6484, 1-855-289-5343,
- Send us an email at sales@chimparoo.ca.
- Join us by Facebook, Instagram or twitter.
- Watch our videos on our website or Youtube.
- Find on our website a list of references accredited by a search in the section; Sales points. Select "certified" and the product (s) for which you need help. Many of these accredited references offer training or coaching.











In conformity with standards NF EN 13209-2: 2005-11, ASTM F2236-13 Made in Canada

L'écharpe Porte-bonheur inc. 7-25 rue de Lauzon, Boucherville, Québec, Canada, J4B 1E7 www.chimparoo.ca, info@chimparoo.ca, 514-905-6484, CAN/USA sans frais 1-855-289-5343

